



# HERE TO HELP

If you are housebound  
one of our volunteers can provide short term  
help and support which can be  
tailored to individual needs:

- Shopping
- Telephone Calls
- Form Filling
- Companionship
- Referral to other supportive services

Telephone: **01797 224044**

Messages are picked up daily

**We do not charge for this service**

but donations are gratefully received

This organisation has been set up under the auspices of  
The Rye, Winchelsea & District Memorial Hospital

[www.ryehospital.org.uk](http://www.ryehospital.org.uk)



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